Medications
Parents, included with this week’s newsletter is the new medication form (pink). This form is to be used for all medications including antibiotics, analgesics, cough mixture, ongoing medications, such as Ventolin. Medications should be delivered to the office, preferably by parents. The form can be filled out there with the assistance of staff.

Medication cannot be administered unless accompanied by a form.
Parents should ensure that:
• Medication is provided in the original labelled container
• Medication is not out of date and has an original pharmacy label with the student’s name, dosage, and time to be taken
• The school is notified in writing when a change of dosage is required. This instruction must be accompanied by a letter from a medical practitioner

* Please understand that schools are not allowed to administer Panadol or similar medications to students without permission from a medical practitioner. If required and appropriate, parents may administer Panadol to their own children, at school, as long as the school has been informed.

After School Program
Our After School ‘Games Fun’ program commenced last Monday. Students can still be registered for ‘Games Fun’.

Swimming
This Friday, 27 Feb, students in Year 1/2, 2/3 and 3/4 will hopefully now commence their swimming program. It will now be five weeks of swimming (total $15) A note was sent home last week with students regarding arrangements.

Interhouse Sports Competition
Students in Years 4 to 6 are participating in an interhouse sports competition at lunchtimes on Tuesdays and Thursdays. Teams are competing in T-ball and cricket. There will also be a district T-ball competition on Friday, 27 March.

Bus Committee 2015
Thank-you to parents who attended last week’s Conveyance Committee Annual General Meeting. Contact our committee executive of Mirjam Willis or Vanessa Hart or talk to bus drivers or the bus operator if you have any bus route issues.

Religious Instruction Year 1-3
Mrs Dot Soppa will take Religious Instruction with Year 1-3 students (who have permission) commencing this Wednesday afternoon, 25 February. Thank-you, Dot.

Jeff Searle

What a Difference a Day Makes ...
Missing One Day a Week for a Term = 2 weeks
Missing One Day a Week for a Year = 8 weeks
Missing One Day a Week for 10 Years = 400 days

= 2 years of school!!

SCHOOL CALENDAR
Feb 25 (Wed) Religious Instruction commences (Year 1-3)
Feb 27 (Fri) Year 1-3/4 Swimming commences
Mar 3 (Tue) P&C Meeting 5:30pm
Mar 12 (Thu) Life Education Van arrives
Mar 16 (Mon) Last After School Sport
Mar 23-27 Parent / Teacher Meetings
Mar 27 (Fri) District T-Ball Carnival (Yr 4-6)
Mar 27 (Fri) Last Swimming Day Yr 1/2, 2/3 & 3/4
April 1 (Wed) Student Disco
April 2 (Thu) Last day of term / Interhouse Cross Country Assembly

Our weekly Assembly is on Thursday mornings from 9.00 to 9.30 in the library. All parents are very welcome to attend.
Frozen cordial cups will be on sale each Friday for 50 cents, starting this week. Funds raised go towards end of year excursions. Your support is very much appreciated. Thank you.

February
23 Larissa B, 24 Indy Z, 27 Isabel M 27 Laura M, 28 William M

CROSS COUNTRY TRAINING
Students who wish to do well in our interhouse cross country event in April, or have aspirations to compete at District or Zone level, need to be participating in at least 6 to 8 weeks of training to develop the required fitness levels. If you are 10 to 12 years old this year, you could also be selected to compete at a representative level. Each year, we have had a number of students compete at Zone level, and even some go on to represent Bundaberg Zone. Kolan South holds the Gin Gin District Cross Country ‘A’ Schools’ trophy.

Kolan South students are currently commencing training at school, however students with ability are encouraged to do regular further training in out-of-school-time, particularly in the cooler hours. After school training on the school oval can be negotiated if you contact Jeff Searle. Good luck with training. Run every day, if you can.

Interhouse Cross Country—Approximate Distances
5 & 6 Years—¾ km 9 & 10 Years—2 km
7 & 8 Years—1¼ km 11 & 12 Years—3 km

EVERY LAP COUNTS

2014 SCHOOL OPINION SURVEY
What did Parents say?
• 100% of parents said their child likes being at Kolan South
• 100% of parents said Kolan South is a good school
• 100% of parents said their child feels safe at Kolan South
• 100% of parents said their child is getting a good education at Kolan South
• 100% of parents said they would recommend Kolan South to others

What did Students say?
• 98.2% of students said they like being at Kolan South
• 100% of students said our school looks for ways to improve
• 98.2% of students said their schoolwork challenges them
• 100% of students said their teachers encourage them to do their best
• 100% of students said they feel safe at Kolan South
• 98.2% of students said Kolan South is a good school
• 100% of students said they are encouraged to participate in school activities

BUNDABERG MATHS TEAMS CHALLENGE RESULTS
2007 KOLAN SOUTH 2nd ‘B’ Schools (100-300 Students)
2008 KOLAN SOUTH 2nd ‘B’ Schools
2009 KOLAN SOUTH 2nd ‘B’ Schools
2010 KOLAN SOUTH 1st ‘B’ Schools Champion
2011 KOLAN SOUTH 2nd ‘B’ Schools
2012 KOLAN SOUTH 2nd ‘B’ Schools
2013 KOLAN SOUTH 1st ‘B’ Schools Champion
2014 KOLAN SOUTH 4th ‘B’ Schools

GIN GIN DISTRICT SPORTS RESULTS
2009 KOLAN SOUTH 1st ‘A’ Schools Champion
2010 KOLAN SOUTH 1st ‘A’ Schools Champion
2011 KOLAN SOUTH 1st ‘A’ Schools Champion
2012 KOLAN SOUTH 1st ‘A’ Schools Champion
2013 KOLAN SOUTH 1st ‘A’ Schools Champion
2014 KOLAN SOUTH 1st ‘A’ Schools Champion

GIN GIN DISTRICT CROSS COUNTRY RESULTS
2009 KOLAN SOUTH 1st ‘A’ Schools Champion
2010 KOLAN SOUTH 1st ‘A’ Schools Champion
2011 KOLAN SOUTH 1st ‘A’ Schools Champion
2012 KOLAN SOUTH Runner Up
2013 KOLAN SOUTH 1st ‘A’ Schools Champion
2014 KOLAN SOUTH 1st ‘A’ Schools Champion

What is the evidence that your child is attending a high performing school?

1. Do more things with kids than for them
2. If you want happy, resilient kids you go first
3. Raise your small family with a big family mindset
4. Invest in the opportunity years (before teens)
5. Focus on positive relationships with your children
6. Expect kids to behave well
7. Catch kids being resilient and persistent
8. Attend to your kids’ mental health
9. Don’t be a family that’s always ‘on the go’
10. Make sure kids help at home without being paid
11. Build scaffolds to independence
12. Reward responsibility with greater freedom
13. Build self-knowledge in kids
14. Move kids down the road from ‘me’ to ‘we’
15. Teach your kids to do what’s right, not what’s easy
16. Create in your family a strong food culture
17. Create a culture where there’s nothing so bad that ‘we’ can’t talk ABOUT it
18. Parent from the same script, even if you’re not together
19. Do things with your kids
20. Don’t let kids drop out of the family
21. Connect with other parents
22. Every child needs someone in their life who says ‘You can do this’
23. Make the most of teachable moments
24. Avoid your first impulse when kids misbehave
25. Build a strong family brand